Kira Siewert Institute of Dance and Movement Culture



Curriculum Vitae Kira Siewert

Professional career

since 2021	Research assistant at the Institute for Dance and Movement Culture, German Sport University Cologne, project collaborator #vortanz, PhD student
2019-2021	Research assistant at the Institute of Sport Science, Hannover, course coordinator, organization of aptitude testing, liaison teacher, teaching: e.g. health education, psychomotricity, gymnastics and dance, research: mindfulness-based sports in schools
2015-2019	Student assistant, Institute of Sports Science, Leibniz University of Hannover, e.g. organization of scientific conferences, tutorship, organization of aptitude tests
since 2013	Freelance work as a trainer, coach and author
2013	Course Coordinator for Dance and Fitness, Heinrich's Fitness Walsrode
Studies	
2017-2019	Master's degree in high school teaching (physical education, Spanish), Leibniz Universität Hannover (final grade: 1.0)
2017-2018	Study-relevant stay abroad, Universidad de Gran Canaria, ERASMUS
2013-2017	Interdisciplinary Bachelor (Sport, Spanish), Leibniz Universität Hannover (final grade:1.3)
2015-2016	Study-relevant stay abroad, Universidad de Costa Rica, ISAP Scholarship of the German Academic Exchange Service

Vocational training

2011-2013 Apprenticeship as sports and fitness merchant, health center Walsrode, graduation as national best

(awarded by IHK)

School education

2011 Abitur, Walsrode High School (final grade: 1.8) 2008-2009 Student exchange to Patagonia, Argentina

Voluntary commitment

Campus Culture Award in recognition of special extracurricular achievements, project: Integration and language acquisition through sport 2016

since 2015 Waisenkinderhilfe Mombasa e.V., founding member, board of directors