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Head of the research group "geriatric psychiatry in motion" at the LVR-Hospital Cologne and the German Sport University Cologne

## Current Publications

Trumpf, R., Haussermann, P., Zijlstra, W., & Fleiner, T. (2023). Circadian aspects of mobility-related behavior in patients with dementia: An exploratory analysis in acute geriatric psychiatry. *International journal of geriatric psychiatry*, 2023, Article e5957. <https://doi.org/10.1002/gps.5957>

Trumpf, R., Schulte, L. E., Schroeder, H., Larsen, R. T., Haussermann, P., Zijlstra, W., & Fleiner, T. (2023). Physical activity monitoring-based interventions in geriatric patients: a scoping review on intervention components and clinical applicability. *European Review of Aging and Physical Activity (EURAPA)*, 20, Article 10. <https://doi.org/10.1186/s11556-023-00320-9>

Schroeder, H., Haussermann, P., & Fleiner, T. (2022). Dance-Specific Activity in People Living With Dementia: A Conceptual Framework and Systematic Review of Its Effects on Neuropsychiatric Symptoms. *Journal of Geriatric Psychiatry and Neurology*, 1-10. <https://doi.org/10.1177/08919887221130268>

Schulte, L. E., Fleiner, T., Trumpf, R., Wirtz, D., Schnorr, T., Zijlstra, W., & Haussermann, P. (2022). Short-term aerobic exercise for depression in acute geriatric psychiatry: study protocol for a randomized controlled trial. *Trials*, 23(1), 615. <https://doi.org/10.1186/s13063-022-06567-4>

Schnorr, T., Fleiner, T., Schröder, H., Reupke, I., Woringen, F., Trumpf, R., Schröder, S., Zijlstra, W., & Häussermann, P. (2022). Post-discharge Mortality in Patients With Delirium and Dementia: A 3-Year Follow Up Study. *Frontiers in psychiatry*, 2022(13), 1-6. Article 835696.

## Current Projects

### **Geriatric Psychiatry in Motion - A Multi- and Interdisciplinary Program to Promote Physical Activity Among Elderly Psychiatric Patients**

Fleiner, T., Häussermann, P. & Zijlstra, W.  
01.01.14 → ...

### **Dementia and delirium in a geriatric psychiatry ward: clinical characterization & evaluation of movement behaviour**

Schnorr, T., Faselow, J., Fleiner, T., Trumpf, R., Reupke, I., Zijlstra, W. & Häussermann, P.  
01.06.21 → 31.05.23

### **#FoL2.0 in der Sport- und Bewegungsgerontologie: Forschendes Lernen trifft Wissenschaftskommunikation**

Morat, T. & Fleiner, T.  
01.10.21 → 31.03.23